



SPRING LICHIOUS

FAMILY MEALS

With Spring just around the corner, let's celebrate the longer days and warmer weather with a special **Springlicious Menu** for the Spring months. Menu available until April 30th.

Each dinner comes with your choice of salad and a plate of home baked cookies.

Springlicious Meal Options	Dinner for 4 \$65.00
Option #1: Grilled Atlantic salmon teriyaki, served with basmati rice and garlic broccoli	
Option #2: Sticky chicken legs served with roasted potatoes and mixed vegetables	
Option #3: Chicken stir fry with egg noodles	
Option #4: Fettucine alfredo with jumbo shrimp, mushrooms and mixed peppers	
Option #5: Chicken cutlets served with gravy, mashed potatoes and grilled vegetables	
Choose One Signature Salad <i>(Salads are one size and will feed up to 6 people – dressing is on the side)</i>	Choose Salad
Cesar Salad: Romaine lettuce with pancetta, fresh parmesan cheese and homemade croutons	
Sonoma Salad: Mixed greens, strawberries, peppers, mushrooms, mandarin oranges and feta cheese with toasted pecans on the side	

Fill in the form above, save it to your computer and email it back to time2eat@foodforthought.ca

FREE PICKUP **DELIVERY** **Pickup/Delivery Date:** _____ **Time:** _____

Your name: _____ Cell Phone: _____

Delivery Address: _____ City: _____

Email: _____

****HST is extra and will be charged in addition to the meal prices above.***

Delivery is \$15 within York Region (9th Line W. to Jane St. / Steeles Ave. to Davis Dr.)

Outside of York Region, delivery charge is \$25

Free Pickup at: 696 Denison Street, Markham, Ontario L3R 1C1.

Payments accepted: Visa • MasterCard • American Express • etransfer